



STABILIZORTHO
SPL[®] SCREW TECHNOLOGY



MICHAEL J GARDNER, MD
Stanford University School of Medicine

Changing construct stiffness over time creates an optimal environment for fracture healing. Stabiliz is the first technology to address this issue.

ANJAN R SHAH, MD
Florida Orthopaedic Institute

...this is different than everything on the market. The science behind it makes sense. The Stabiliz technology is truly a potential game-changer.



KENNETH KOVAL, MD
Memorial Hospital

Insertion of SPL screws has felt normal. There have been no complications with implant application or fracture healing. Postoperatively, all treated patients are progressing as expected.



Rigid

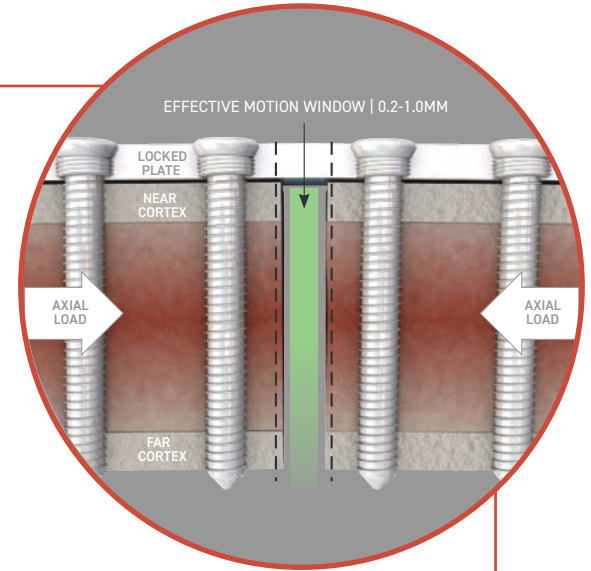
ADJECTIVE: rig·id \ˈrij-əd\
• not able to be bent easily

- not easily changed
- not willing to change opinions or behavior

The Problem

Studies examining locked plating indicate reasons for concern due to the reported rates of non-unions and delayed unions. Recently, these healing difficulties have been reported in up to 23% of distal femur, 15% of distal tibia and 6% of proximal humerus fractures. [1, 2, 3]

Previous studies have shown that the high overall rigidity of locked plating can contribute to healing difficulties by inhibiting interfragmentary motion (IFM). [4] Under compression, rigid locking plates asymmetrically bend, limiting cortical motion. This rigidity may produce stress shielding across the fracture site, contributing to non-unions, which may result in implant fatigue and failure under repetitive loading. [4, 5]



Locked plating inhibits interfragmentary motion

Dynamic

ADJECTIVE: dy·nam·ic \di-'nam-ik\

- (of a process or system) characterized by constant change, activity, or progress
- (of or) relating to energy, motion, or physical force

The Solution

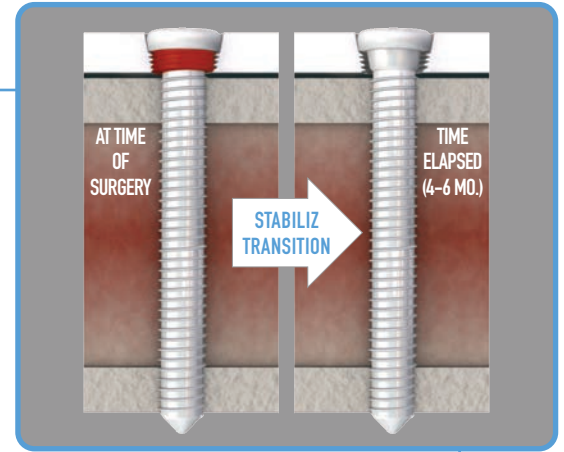
Stabiliz Polymer Locking (SPL®) Technology

The first truly dynamic plate and screw technology:
A system that changes during the course of fracture healing

Concept

SPL® screws function in a manner similar to conventional locking screws at implantation and reduce construct stiffness over time, promoting interfragmentary motion. Delayed dynamization has shown enhanced healing when compared to constantly flexible fixation or early dynamization in animal models. [6, 7]

Clinically, favorable outcomes have been reported with dynamization of intramedullary nails between 3 - 5 months. [8, 9] In the presence of delayed unions, dynamization initiated between months 3 to 6 has been associated with higher bone union success rates. [10]



Technology

SPL® screws are stainless steel with a PLGA locking mechanism. The system is implanted using conventional plating techniques, including bi-cortical screw fixation. The polymer locking mechanism resorbs over four to six months, while the screw head remains in contact with the plate. Under load, the screw moves relative to the plate to create interfragmentary motion at the fracture site.

| | STABILIZ SPL | ZIMMER MOTIONLOC | METAL LOCKING |
|--|-----------------|---------------------|------------------|
| MICROMOTION | ✓ | ✓ | |
| DELAYED MICROMOTION | ✓ | | |
| USES ANY SCREW IN ANY HOLE | ✓ | | ✓ |
| BI-CORTICAL FIXATION | ✓ | | ✓ |
| FOLLOWS TRADITIONAL PROCEDURE STEPS | ✓ | | ✓ |

Tested

ADJECTIVE: test·ed \ 'tes-təd \

- subjected to or qualified through testing
- the presence, quality, or genuineness of anything having been determined by means of trial

Reduced Stiffness

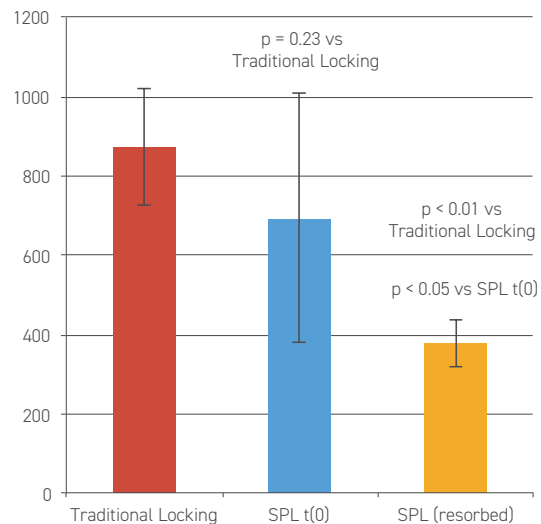
Axial stiffness decreased up to 57% after resorption of the SPL® locking mechanism. Decreases in fixation stiffness from 29-86% have improved rates of fracture healing and remodeling in animal models. [4, 6, 13]

| | Metal Locking Screws | SPL (t0) (% reduction compared to metal locking) | SPL (resorbed) (% reduction compared to metal locking) |
|----------------------------------|----------------------|---|---|
| Axial Stiffness (N/mm) | 873 ± 146 | 694 ± 314 (21%) | 379 ± 59 (57%) |

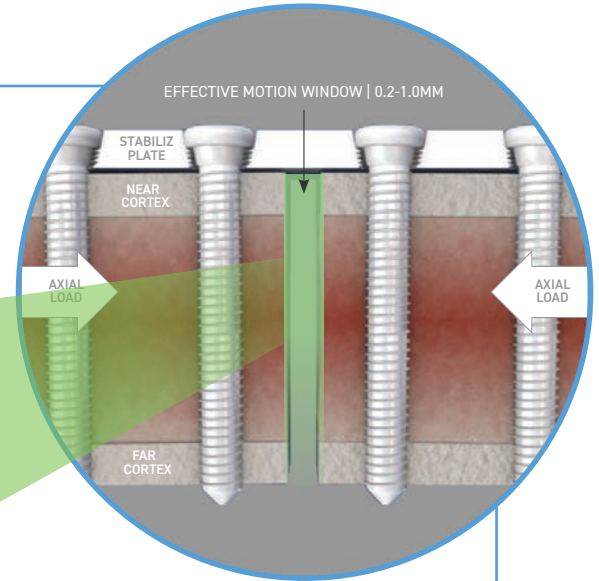
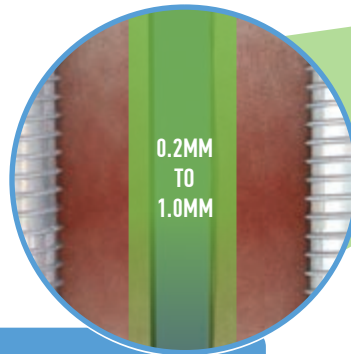
SPL® screws were compared to standard metal locking screws using validated synthetic bone models in a diaphyseal bridge-plating construct.



SPL® screws created significant increases in micromotion at the near and far cortices after resorption. Interfragmentary motion between 0.2 to 1 mm has been shown to promote secondary bone healing and remodeling. [13, 14]



SPL® screws allow the interfragmentary motion shown to promote secondary bone healing and remodeling.

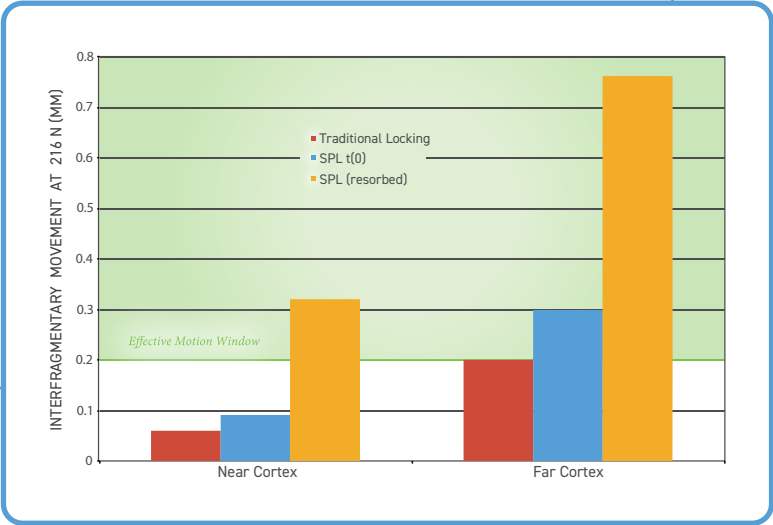


IFM between 0.2 - 1.0mm promotes bone healing

| | Interfragmentary Motion (mm) | |
|----------------------|------------------------------|-------------|
| | Near Cortex | Far Cortex |
| Metal Locking Screws | 0.06 ± 0.02 | 0.20 ± 0.07 |
| SPL t(0) | 0.09 ± 0.04 | 0.30 ± 0.01 |
| SPL (resorbed) | 0.32 ± 0.08 | 0.76 ± 0.07 |

Interfragmentary motion evaluated via linear transducer at 216 N axial compression

SPL® screws demonstrated significantly increased IFM at both near and far cortices.



| | Non-Locked [16] | SPL t(0) | SPL (resorbed) |
|-----------------|-----------------|----------|----------------|
| Load at Failure | 370 N | 1277 N | 912 N |

Load Distribution

SPL containing constructs may provide more evenly distributed load sharing among screws with SPL end-screws functioning similar to standard cortical or cancellous screws, after resorption of the polymer locking mechanism. By contrast, standard locking screws may induce stress risers when used as an endscrew, resulting in reduced construct strength in torsion and bending. [15]

Load at Failure

SPL constructs tolerated higher loads than those reported for traditional non-locked implants. SPL loads exceeded forces seen with early, full weightbearing at 1x body weight (800N). [4]

Implant

VERB: im•plant \im-'plant\
• to fix or set securely or deeply

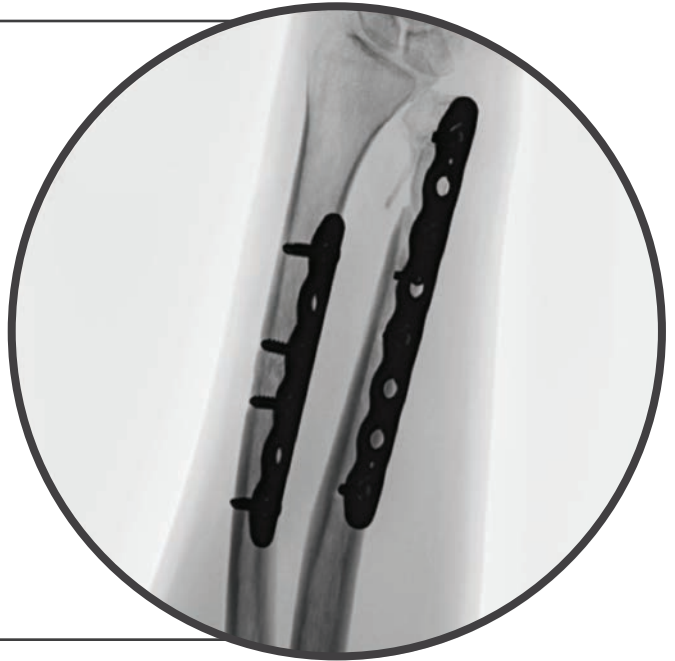
- to insert in living tissue

NOUN: im•plant \im-,plant\
• device implanted in tissue

Patient: 27 yo male with mid-shaft radius & distal ulnar fractures.

Treatment: (Radius) 6-hole Stabiliz SSL plate, 4 non-locking screws. (Ulna) 9-hole SSL plate, 2 SPL[®] screws in comminuted segments. No bone grafting or biologics.

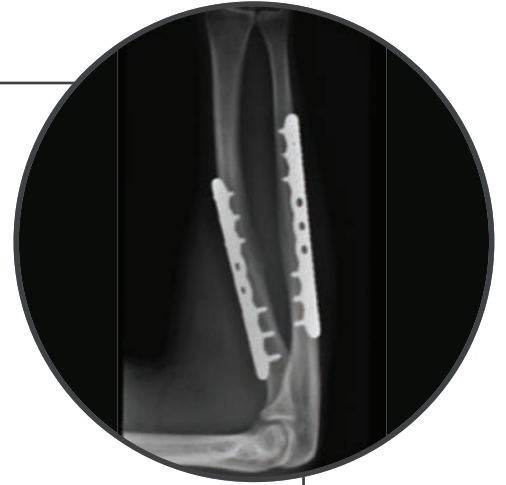
Results: Increasing callous formation with resolving fracture lines at 20 weeks.



Patient: 17 yo male with mid-shaft radius & ulnar fractures.

Treatment: (Radius) 8-hole Stabiliz SSL plate, 6 Stabiliz SPL® screws. (Ulna) 9-hole Stabiliz SSL plate using 6 Stabiliz SPL® screws. No bone grafting or biologics.

Results: Bridging bone healing at 24 weeks with full range of motion.



- [1] HENDERSON C, ET AL. Healing Complications Are Common After Locked Plating for Distal Femur Fractures. *Clin Orthop Relat Res.* (2011) 469:1757-1765
- [2] KHALSA A, ET AL. Distal tibia fractures: locked or non-locked plating? A systematic review of outcomes. *Acta Orthopaedica.* 2014; 85 (3): 299-304
- [3] CLAVERT P, ET AL. Pitfalls and complications with locking plate for proximal humerus fracture. *J Shoulder Elbow Surg.* 2010 Jun;19(4):489-494
- [4] BOTTLANG M, ET AL. Effects of construct stiffness on healing of fractures stabilized with locking plates. *J Bone Joint Surg Am.* 2010;92 Suppl 2:12-22
- [5] STRAUSS EJ, ET AL. The current status of locked plating: The good, the bad, and the ugly. *J Orthop Trauma.* 2008;22:479-486
- [6] CLAES, ET AL. Late dynamization by reduced fixation stiffness enhances fracture healing in a rat femoral osteotomy model *J Orthop Trauma.* 2011;25:169-174
- [7] WILLIE, ET AL. Temporal variation in fixation stiffness affects healing by differential cartilage formation in a rat osteotomy model. *Clin Orthop Relat Res.* 2011;469:3094-3101
- [8] GROSSE A, ET AL. Treatment of fragments, loss of bony substance and pseudarthrosis of femur and tibia using screw fixation (40 cases). *Rev Chir Orthop Reparatrice Appar Mot.* 1978;64S:33-35
- [9] RIQUELME, ET AL. Treatment of the femoral and tibial fractures with Grosse and Kempf locking nails. *Clin Orthop Relat Res.* 1992:86-89
- [10] HUANG KC, ET AL. Evaluation of methods and timing in nail dynamisation for treating delayed healing femoral shaft fractures. *Injury.* 2012;43:1747-1752
- [11] ROBERTS, ET AL. Biomechanical evaluation of locking plate radial shaft fixation: Unicortical locking fixation versus mixed bicortical and unicortical fixation in a sawbone model. *J Hand Surg Am.* 2007;32:971-975
- [12] FULKERSON, ET AL. Fixation of diaphyseal fractures with a segmental defect: A biomechanical comparison of locked and conventional plating techniques. *J Trauma.* 2006;60:830-835
- [13] GOODSHIP, ET AL. The influence of induced micromovement upon the healing of experimental tibial fractures. *J Bone Joint Surg Br.* 1985;67:650-655
- [14] CLAES LE, ET AL. Effects of mechanical factors on the fracture healing process. *Clin Orthop Relat Res.* 1998;355:S132-147
- [15] BOTTLANG, ET AL. A non-locking end screw can decrease fracture risk caused by locked plating in the osteoporotic diaphysis. *J Bone Joint Surg Am.* 2009;91:620-662
- [16] PATEL R ET AL. Crutch weightbearing on comminuted humeral shaft fractures: a biomechanical comparison of large versus small fragment fixation for humeral shaft fractures. *J Orthop Trauma.* 2011;25:300-305